

SYVCS March Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Pepperoni Pizza Smoothie Fresh veggies	2 Homemade chicken noodle soup Fresh fruit roll	3 Fish and chips Fresh fruit Fresh veggies
6 Hot dogs Chips Fresh fruit Fresh veggies	7 Ground beef crispy tacos Beans Fresh fruit Fresh veggies	8 Cheese Pizza Fresh salad smoothie	9 Orange chicken Rice Fresh veggies Fresh fruit	10 Bean and cheese burrito Fresh fruit Fresh veggies
13 Chicken Caesar Salad Fresh fruit	14 Homemade chilaquiles Refried beans Fresh fruit	15 Pepperoni pizza Salad smoothie	16 Meatball marinara pasta Garlic bread Fresh fruit Fresh veggies	17 Cheese quesadillas Fresh fruit Fresh veggies
20 Corn dogs Tater tots Fresh fruit Fresh veggies	21 Tacos de carnitas Pico de gallo Fresh fruit	22 Cheese pizza Salad smoothie	23 Hamburger Fries Fresh fruit Lettuce, tomato, and pickles	24 Grilled cheese sandwich Bacon Fresh fruit Fresh veggies
27 Chicken tenders Fries Fresh veggies Fresh fruit	28 Torta de jamon (ham sandwich) Lettuce, tomato Fritos Fresh fruit	29 Pepperoni pizza Salad smoothie	30 Homemade mac and cheese Fresh fruit Fresh veggies	31 Tuna salad Sandwich Fresh fruit Fresh veggies

All lunches served with a choice of milk, either 1% fat or non-fat.

March Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Bagel Turkey bacon Fresh fruit	2 Pancakes Sausage Fresh fruit	3 Oatmeal Toast Fresh fruit
6 Breakfast burrito Fresh fruit	7 Yogurt, fruit, and granola parfait	8 Gold fish apple sauce String cheese	9 Waffles Turkey bacon Fresh fruit	10 Cereal banana
13 Hard boiled egg Toast Fresh fruit	14 Peanut butter and jelly sandwich banana	15 English muffin Fresh fruit String cheese	16 French toast Sausage Fresh fruit	17 Oatmeal Toast Fresh fruit
20 Wg muffin smoothie	21 Cereal banana	22 Breakfast burrito Fresh fruit	23 Yogurt Graham crackers Fresh fruit	24 Scramble egg Hash brown Fresh fruit
27 WG bagel Turkey bacon Fresh fruit	28 Oatmeal Toast Fresh fruit	29 Breakfast sandwich Fresh fruit	30 Toast Bacon Fresh fruit	31 Banana split (banana,berries, yogurt and granola)

All breakfasts served with a choice of milk, either 1% fat or non-fat.