

January Lunch Menu



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|---|
| 8 Chicken tenders Fries Fruit veggies | 9 Carne asada Quesadilla Beans Fruit veggies | 10 Pasta w/marinara sauce Garlic bread Fruit veggies | 11 Chicken noodle soup Roll fruit | 12 Pepperoni pizza Fruit veggies |
| 15 No School | 16 Albondigas soup fruit | 17 Hot dogs Chips Fruit veggies | 18 Homemade mac and cheese Salad fruit | 19 Cheese pizza Fruit veggies |
| 22 Torta de jamon chips Fruit | 23 Ground beef Crispy tacos (w/lettuce, Cheese, sour cream, salsa) fruit | 24 Orange chicken Steam rice Fruit veggies | 25 Hamburger Fries Fruit Tomato, lettuce, pickles | 26 Pepperoni pizza Fruit veggies |
| 29 Corn dog Tater tots Fruit Veggies | 30 Chicken soft tacos Homemade salsa fruit | 31 Alfredo pasta Garlic bread Salad fruit | 2/1 Grilled cheese sandwich Creamy tomato soup fruit | 2/2 Cheese Pizza Fruit veggies |

Milk choice are 1% or fat free

SYV Charter School is an equal opportunity provider

January Breakfast Menu



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------------------------|---|------------------------------------|--|--|
| 8 Eggs Hashbrown fruit | 9 Waffles Sausage fruit | 10 Yogurt Granola fruit | 11 Cereal Banana | 12 Oatmeal toast |
| 15 NO SCHOOL | 16 Bagels Turkey bacon fruit | 17 Pancakes Sausage fruit | 18 Yogurt parfait | 19 Cereal and banana |
| 22 Scramble egg Toast fruit | 23 Yogurt Graham cookies fruit | 24 PBJ sandwich fruit | 25 Waffles sausage fruit | 26 Breakfast burrito fruit |
| 29 Bagels Turkey bacon fruit | 30 Cereal fruit | 31 Oatmeal Toast fruit | 1 String cheese Pretzels applesauce | 2 English muffin w/ fried egg and cheese fruit |

Milk choice are 1% or fat free

SYV Charter School is an equal opportunity provider