

March Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
4 Hot dogs Chips Fruit veggies	5 Chicken Soft Tacos Beans Fruit veggies	6 Spaghetti and meatballs Salad Fruit Garlic bread	7 Chicken noodle soup Roll fruit	8 Cheese pizza Fruit Veggies
11 Chicken tenders Fries Fruit veggies	12 Hard shell beef tacos Fruit veggies	13 Stir Fry tofu broccoli Steam rice fruit	14 Grilled cheese sandwich Tomato soup fruit	15 Cheese or pepperoni Pizza Fruit veggies
18 Corn dog Tater tots Fruit veggies	19 Chicken fajitas Rice Fruit	20 Alfredo pasta Fruit Veggies Garlic bread	21 Hamburgers Fries Fruit veggies	22 Cheese or Pepperoni Pizza Fruit veggies
25 Cheese quesadilla Fruit veggies	26 Tacos de carnitas Pico de gallo Fruit veggies	27 Orange chicken Steam rice Fruit veggies	28 Baked chicken drumstick Mash potatoes Fruit veggies	29 Cheese or pepperoni pizza Fruit veggies

All lunches served with a choice of milk, either 1% fat or non-fat.

SYV Charter School is an equal opportunity provider.

March breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
4 Hard boil egg pretzels fruit	5 Yogurt Graham cracker fruit	6 Bagel Turkey bacon fruit	7 Cereal fruit	8 Waffles Sausage fruit
11 Pancakes Bacon Fruit	12 Fried egg over a toast fruit	13 WG muffin String cheese fruit	14 Waffles Mix berries	15 Cereal banana
18 French toast sausage fruit	19 Yogurt Granola bar fruit	20 Peanut butter and jelly fruit	21 Bagel String cheese Fruit	22 Scramble egg Hashbrown fruit
25 Waffles sausage fruit	26 Cereal fruit	27 WG muffin String cheese fruit	28 Granola bar Apple sauce String cheese	29 Banana split (banana,yogurt, fruit and granola)

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