

May Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
6 Homemade mac and cheese Fruit veggies	7 Chicken or potato flauta (rolled crispy taco) Fruit veggies	8 Grilled cheese Sandwich Cold pasta salad Fruit veggies	9 Chicken tortilla Wrap chips Fruit veggies	10 Cheese or pepperoni Pizza Fruit or smoothie veggies
13 Quesadilla Rice Fruit Veggies 4th & 5th Sacra	14 Chicken soft tacos Beans Fruits veggies 4th & 5th Sacra	15 Meatball sandwich Chips Fruit Veggies 4th & 5th Sacra	16 Cheese Burger Fries Fruit Veggies	17 Cheese or pepperoni Pizza Fruit or smoothie veggies
20 Chicken tenders Tater tots Fruit Veggies	21 Rice and beans Burrito Fruit Veggies	22 Orange chicken Rice Fruit veggies	23 Pull pork sandwich Coleslaw Fruit Veggies 3rd field trip	24 Cheese or pepperoni Pizza Fruit or smoothie veggies
27 Alfredo Pasta Cesar salad Garlic bread fruit	28 Ground beef Crispy tacos Fruit Veggies Homemade salsa	29 Chicken tenders Fries Fruit veggies	30 Hot dogs Chips fruit veggies	31 GRADUATION!!

All lunches served with a choice of milk, either 1% fat or non-fat.

SYV Charter School is an equal opportunity provider.

May breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
6 Cereal Banana String cheese	7 Yogurt Granola fruit	8 Scramble eggs Hash brown fruit	9 Bagel with cream cheese or peanut butter fruit	10 Pancakes Bacon fruit
13 Cereal Banana	14 Waffles Sausage Fruit	15 French toast Sausage fruit	16 Yogurt Granola fruit	17 Hard boil egg Hash brown Fruit
20 Breakfast burrito Fruit	21 Bagel w/ Cream cheese or peanut butter String cheese fruit	22 PBJ sandwich fruit	23 Cereal Fruit	24 Homemade whole grain muffin String cheese or smoothie
27 Pancakes Sausage or bacon fruit	28 Waffles w/ whipped cream and berries	29 String cheese Apple sauce pretzels	30 Cereal banana	31 GRADUATION!