

September Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
4 Labor Day!	5 Chicken soft tacos Homemade Salsa Fruit & Veggies	6 Mini corn dog Fries Fruit Veggies	7 Chicken wrap Fresh fruit Chips	8 Pepperoni pizza Salad fruit
11 Hot dog Fries Fruit Veggies	12 Chicken fajitas Rice Fruit	13 Torta de jamon Fresh fruit Chips	14 Tofu Broccoli Rice fruit	15 Cheese pizza Salad Fruit
18 Orange chicken Rice Carrots fruit	19 Cheese enchiladas Beans Fresh fruit	20 Pulled pork sandwich Coleslaw fruit	21 Bean and cheese burrito Fruit Veggies	22 Pepperoni pizza Salad Fruit
25 Chicken tenders Fries Fresh fruit veggies	26 Cheese quesadilla Fruit Veggies	27 Baked chicken drumstick Mashed potato Green beans Roll fruit	28 Hamburger fries Veggies Fruit	29 Chicken cesar Salad Fruit Grandparents day!!

Milk choices are 1% or fat free milk

SYV Charter School is an equal opportunity provider.

September Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
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4 Labor Day!	5 PB and J Banana	6 Scrambled eggs Toast Fruit	7 Cereal Banana	8 Yogurt Graham crackers
11 Goldfish Apple sauce	12 Bagel Fruit	13 Chocolate chip pancakes and Banana	14 Waffles Sausages Fruit	15 Oatmeal toast Fruit
18 Yogurt Granola Fruit	19 Scrambled eggs Hashbrown Fruit	20 Cereal Banana	21 Bagel with peanut butter Banana	22 Applesauce Goldfish Spring cheese
25 Pancakes Banana Bacon	26 French toast Sausage Fruit	27 Fried egg Toast Fruit	28 Cereal Banana	29 PB and J Banana