

# January Lunch Menu

## Santa Ynez Valley Charter School

Monday	Tuesday	Wednesday	Thursday	Friday
6 Hot dog Chips Fruit vegies	7 Quesadilla Beans Fruit Veggies	8 Marinara pasta Garlic bread Fruit vegies	9 Chicken tenders Fries Fruit Veggies	10 Pizza Fruit vegies
12 Corn dog Tater tots Fruit vegies	14 Torta de Jamon Chips Fruit vegies	15 Bean and Cheese Burrito Fruit vegies	16 Spaghetti w/ meatballs Fruit Veggies	17 Pizza Fruit Veggies
20  NO SCHOOL	21 Carne asada burrito Fruit Veggies	22 Alfredo pasta Garlic bread fruit vegies	23 Orange chicken rice vegies fruit	24 Pizza Fruit Veggies
27 Chicken tenders fries fruit vegies	28 Chicken soft tacos fruit vegies  8th Grade Trip	29 Plain nachos beans fruit Veggies  8th Grade Trip	30 Cheese burger Fries fruit Veggies  8th Grade Trip	31 Pizza Fruit Veggies  8th Grade Trip

All lunches served with a choice of milk, either 1% fat or non-fat.  
SYV Charter School is an equal opportunity provider.

# January Breakfast Menu

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Monday	Tuesday	Wednesday	Thursday	Friday
6 Soft pretzel string cheese fruit	7 French toast sausage fruit	8 Scramble egg hash brown fruit	9 Yogurt with granola fruit	10 Bagels w/ cream cheese or PB Fruit
13 Pancakes Sausage fruit	14 Cereal fruit	15 Waffle bacon fruit	16 Fried egg over a toast fruit	17 Peanut butter and jelly sandwich fruit
20 NO SCHOOL	21 Yogurt graham crackers fruit	22 Pretzels string cheese fruit	23 cereal fruit	24 Oatmeal Toast fruit
27 Bagels string cheese fruit	28 Waffles bacon fruit	29 Peanut butter and Jelly sandwich fruit	30 Soft pretzels string cheese fruit	31 Cereal banana

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