Santa Ynez Valley Charter School
November Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Marinara pasta Garlic bread Fruit Veggies	3 Chicken soft tacos Beans Fruit Veggies	4 Corn dogs Chips Fruit Veggies	5 Fish sticks Fries Fruit veggies	6 Cheese or Pepperoni Pizza Fruit Veggies
9 Quesadillas Corn Fruit Veggies	10 Carne asada Nachos Fresh pico Fruit Veggies	11 No School Veterans Day	12 Hamburgers Chips Fruit Veggies	13 Cheese or Pepperoni Pizza Fruit Veggies
16 Bean and Cheese Burrito Fruit veggies	17 Cheese Enchiladas Rice Fruit Veggies	18 Orange chicken White rice Broccoli pineapple	19 Chicken noodle soup Roll Fruit	20 Thanksgiving feast
23 ----------	24 No School	25 Thanksgiving	26 Break	27 ----------
30 Grilled cheese Sandwich Fruit veggies				

All lunches served with a choice of milk, either 1% fat or non-fat.
SYV Charter School is an equal opportunity provider.

Santa Ynez Valley Charter School
November Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 French toast Sausage Fruit	3 Cereal Banana	4 Breakfast burrito Fruit	5 Pancakes Bacon Fruit	6 Pretzels String cheese fruit
9 Waffles Fruit	10 Granola bars String cheese Fruit	11 No School	12 Cereal String cheese banana	13 Bagels With peanut butter or cream cheese fruit
16 Yogurt Graham crackers Fruit	17 Nutri grain bars String cheese fruit	18 Scramble eggs Toast Fruit	19 Pretzel bites String cheese Fruit	20 Cereal banana
23 ----------	24 No school	25 Thanksgiving	26 Break----------	27 ----------
30 Pancakes Bacon Fruit				

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